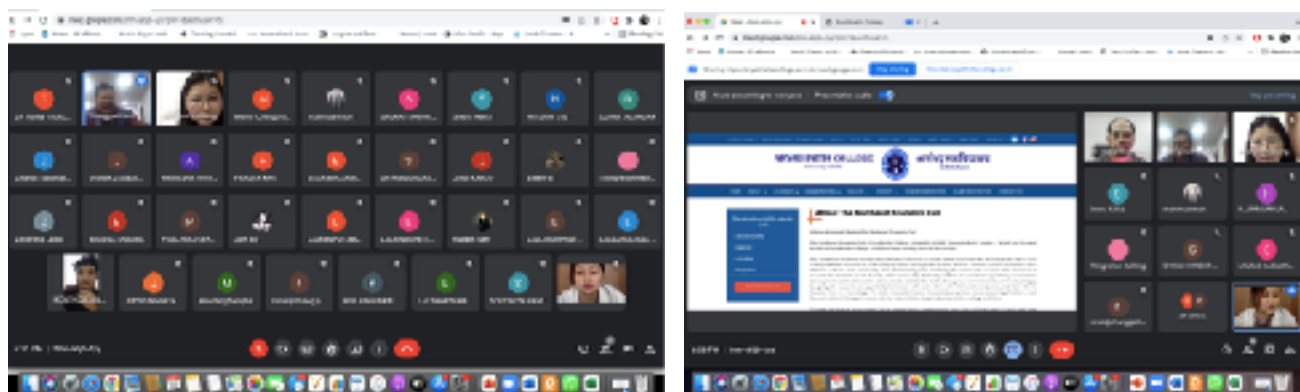


**NorthEast Society**  
**Aryabhatta College, University of Delhi**  
**2021-2022 Report**

1. The year 2021-22 for Northeast Society started with a virtual orientation meeting on 10<sup>th</sup> Feb 2022. The orientation meeting was attended by 4 faculty members Dr. Nongmaithem Manichandra Singh, Soshomi Makang, Dr. Halley Singh Thokchom, and Dr. Thangbiakching) and 31 (out of 38) students. As it was held just after the college reopening, notices regarding the reopening and accommodation were discussed. Student raised challenges in finding accommodation and travel arrangement within short notice, so they were assisted to some extent. They were also oriented about the society and its role in the college.



2. Election for NorthEast society council members was held on 4th March 2022. Students unanimously elected the following members for the 8 posts:

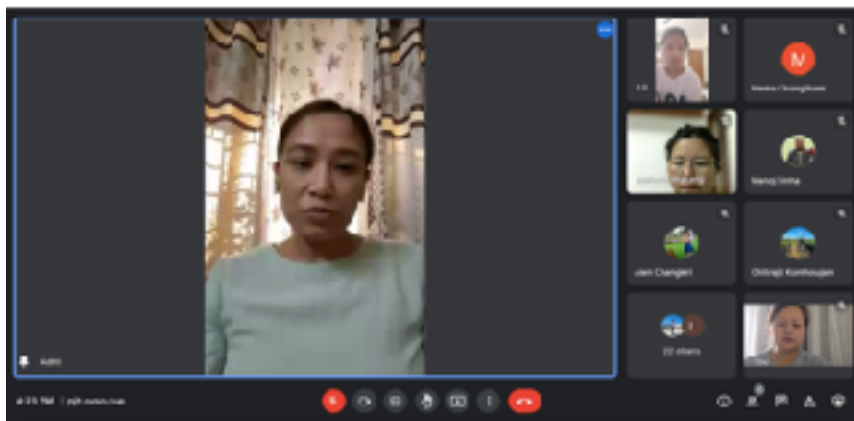
<b>President:</b>	Konthoujam Chirajit Singh, B.A Pol Sc, 3rd Year
<b>Vice president:</b>	Lalmuanlal, <u>B.Com</u> , 3rd year
<b>General Secretary:</b>	Judivunglalven, B.A Prog, 3rd year
<b>Treasurer:</b>	Lalrinngheti, B.A Prog, 3rd Year
<b>Public Relation:</b>	Anwasha Gogoi, B.A Psychology, 1st year
<b>Member:</b>	Ananya Das, B.A Psychology, 1st year
<b>Member:</b>	Jamkhotinthang Baite, B.Com 1st year
<b>Member:</b>	Deigratia Laloo, B.A Psychology, 1st year

### 3. Webinar on *“Nurturing Motivation”*

The society organised its first webinar on "Nurturing Motivation" on 27th April, 2022 at 4:00 Pm-5:30 Pm. **Dr. Yumlembam Aditi**, Scientist C, Defence Research and Development Organisation (DRDO). Our Principal Prof Dr. Manoj Sinha extended word of encouragement to the students and the society. The talk focussed on motivation's role in human existence as well as the skills necessary to attain and maintain it. 5 key steps were deliberated:

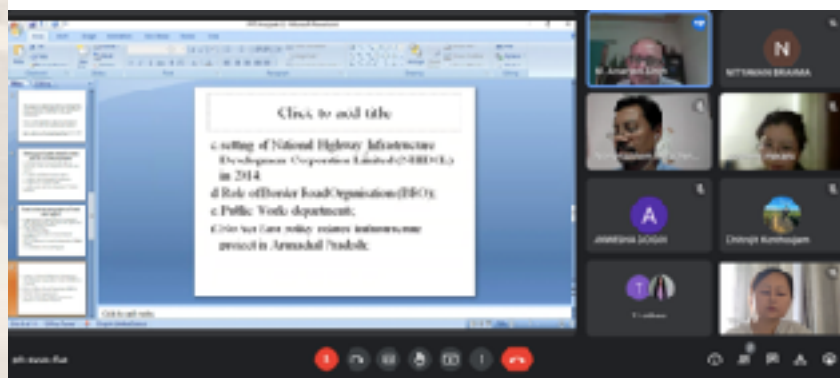
- i. Staying connected with the goal
- ii. Break big goal into smaller and achievable goal
- iii. Keep the work alive
- iv. Learn to resist temptation
- v. Change relationship with failure

The lecture was followed by Q&A. All together around 30 participants took part including three faculty members. Tenzin Choden (3rd year) and Mema Chongtham (1st year) took charge of moderating the event.



#### 4. Webinar on “*Three decades of Act East Policy and North East India*”

On 28th April 2022, the second webinar was hosted on the topic "Three Decades of Act East Policy and North East India". The goal is to educate and review the Act East Policy, one of the most influential policies shaping the sociopolitical alliance between the region and the center. An expert **Prof. Moirangthem Amarjit** of North East Studies, Honorary Director at the centre for North East Studies and Policy Research, Jamia Milia Islamia University, New Delhi India was the speaker. He successfully analysed the policy and pointed out the nuances and limitations. He initiated the event with the background of the policy, which was initially known as Look East policy. He went on to discuss what encompasses the policy and how it is relevant to us. He further deliberated on its future, and how it impacts us politically. He deliberated on how in the Act East policy, the focus is largely on the physical infrastructure policy, while largely ignoring the social development issue. He concluded with the necessity of building a better relationship with the neighbouring countries. Prof. Amarjeet gracefully took queries from students and faculty members and discussed with us his own viewpoint on the policy, and the needs to be realistic as well as the need to have a critical insight on the overarching policy. Nityamani Brahma (2nd year) compered the event, and Dr. Manichandra Singh introduced the speaker to the participants. The event then came to a graceful conclusion at 5:30 pm IST with vote of thanks from the president of the society, Chitrajit Konthoujam. The webinar was attended by 3 faculty members and around 20 students.



## 5. Freshers Meet

The society welcomed the new batch of students with a freshers meet on Wednesday, 13th April from 2:00 to 5:00 pm at Multi purpose hall. Five faculty members attended the program and short exhortation was given.

Students from Ladakh also joined the program.



## 6. Farewell

The society organised a farewell program on 5th May, 2022 at 10:30 AM - 1:30 PM at Psychology Lab 1. Three faculty members along with the students were present.





7. Upon the invitation by My Home India, the society attended the one day program “*Yuva Sammelan*” on 9th July 2022. The event was held at Vigyan Bhawan, New Delhi. Our Convenor (Dr. N.M Manichandra) and four students (Eileen Lalmingmawii B.A. (H) Psy. 2nd Sem, Lalsiamthari B.A. (H) Psy. 2nd Sem, Deigratia Laloo, BA Psy 2nd Sem, Jamkhotinthang Baite, B.Com 2nd Sem) attended the program .

